



TOILETING WEBINAR RESOURCES

ERIC - <https://www.eric.org.uk/>

UK's leading childhood continence charity.

Bladder and Bowel UK (formerly PromoCon) - www.bladderandboweluk.co.uk

Part of the organisation Disabled Living, provides advice and support to help manage any kind of incontinence, bladder or bowel-related issue.

National Institute for Health and Care Excellence (NICE) guidelines

Bedwetting in under 19s - www.nice.org.uk/guidance/CG111

Guidance on the assessment, care and treatment of children and young people up to the age of 19 with bedwetting.

Constipation in children and young people: diagnosis and management - www.nice.org.uk/guidance/cg99

Guidance to support the early identification, positive diagnosis and timely, effective management of constipation in children and young people.

One Step at a Time - <https://continencevictoria.org.au/one-step-at-a-time/>

Information booklet and tip sheets for parents of children with additional needs to develop toileting skills.

Visual Aids for learning - <http://ww1.visualaidsforlearning.com/>

Website for visual symbols and routines

Do2learn - <https://do2learn.com/>

Website for visual symbols and routines

Radar Key – https://www.amazon.co.uk/Radar-NKS-Disabled-Braile-Pack/dp/B01MCREDF9/ref=sr_1_1?crd=3706U6JVNQ638&dchild=1&keywords=radar+key+uk&qid=1594916655&srefix=radar%2Caps%2C219&sr=8-1

Radar NKS Disabled Key (Pack of 3)



Changing places - <http://www.changing-places.org/>

Website with a list of disabled toilets that have more space and extra features.

Just can't wait toilet card - <https://www.bladderandbowel.org/help-information/just-cant-wait-card/>

Toilet Time - <https://www.sensetoys.com/sensory-toys-c14/toilet-time-c51>

Squatty Potty – www.squattypotty.co.uk

Portable bidet - www.fledgings.org.uk

can be useful to lie nappy on if trying to teach YP how to poo without nappy

Poo goes home to pooland (app)

<https://www.cntw.nhs.uk/content/uploads/2016/08/Poo-Goes-To-Pooland.pdf> example of a story

https://raisingchildren.net.au/_data/assets/pdf_file/0015/37122/asd_visual_toieting_aid.pdf example of visual schedule

https://www.youtube.com/watch?v=U3iOmhlIc_s Poo on the toilet song...
..its a great tune that will get stuck in your head

Reach Out ASC – www.reachoutasc.com

Social stories training

Books

Toilet Training and the Autism Spectrum

by Eve Fleming and Lorraine MacAlister

Constipation, Withholding and Your Child: A Family Guide to Soiling and Wetting

by Anthony Cohn

The Potty Journey

by Judith A. Coucouvanis

It hurts when I poop

By Howard J Bennett and M.S. Weber

I can't, I won't, no way!

by Tracey J Vessillo and Mike Motz

Ellie needs to Go

By Kate E Reynolds

Tom needs to Go

By Kate E Reynolds

Ideas that may help

Toilet Targets

Alarms and timers

Vibrating watches